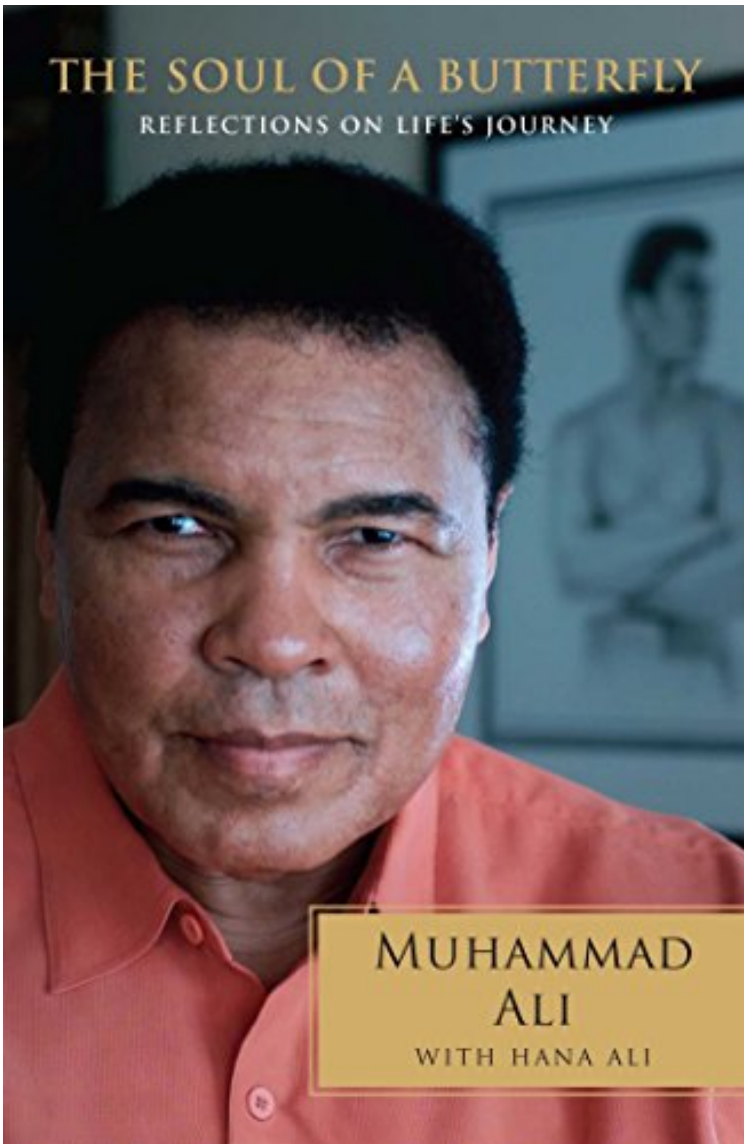


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The Soul of a Butterfly: Reflections on Life's Journey (English Edition)



*Par Muhammad Ali, Hana Yasmeen Ali
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Par Muhammad Ali, Hana Yasmeen Ali : **The Soul of a Butterfly: Reflections on Life's Journey (English Edition)** before purchasing it in order to gage whether or not it would be worth my time, and all praised The Soul of a Butterfly: Reflections on Life's Journey (English Edition):

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Description : Description du produit "During my boxing career, you did not see the real Muhammad Ali. You just saw a little boxing. You saw only a part of me. After I retired from boxing my true work began. I have embarked on a journey of love." So Muhammad Ali begins this spiritual memoir, his description of the values that have shaped and sustained him and that continue to guide his life. In *The Soul of a Butterfly* the great champion takes readers on a spiritual journey through the seasons of life, from childhood to the present, and shares the beliefs that have served him well. After fighting some of the fiercest bouts in boxing history against Joe Frazier and George Foreman, today Muhammad Ali faces his most powerful foe -- outside the boxing ring. Like many people, he battles an illness that limits his physical abilities, but as he

says, "I have gained more than I have lost....I have never had a more powerful voice than I have now." Ali reflects on his faith in God and the strength it gave him during his greatest challenge, when he lost the prime years of his boxing career because he would not compromise his beliefs. He describes how his study of true Islam has helped him accept the changes in his life and has brought him to a greater awareness of life's true purpose. As a United Nations "Messenger of Peace," he has traveled widely, and he describes his 2002 mission to Afghanistan to heighten public awareness of that country's desperate situation, as well as his more recent meeting with the Dalai Lama. Ali's reflections on topics ranging from moral courage to belief in God to respect for those who differ from us will inspire and enlighten all who read them. Written with the assistance of his daughter Hana, *The Soul of a Butterfly* is a compassionate and heartfelt book that will provide comfort for our troubled times.

Former boxing legend Muhammad Ali, one of the best-known and best-loved celebrities and an international good-will ambassador, offers inspiration and hope as he describes the spiritual philosophy that sustains him. "During my boxing career, you did not see the real Muhammad Ali. You just saw a little boxing. You saw only a part of me. After I retired from boxing my true work began. I have embarked on a journey of love." So Muhammad Ali begins this spiritual memoir, his description of the values that have shaped and sustained him and that continue to guide his life. In *The Soul of a Butterfly* the great champion takes readers on a spiritual journey through the seasons of life, from childhood to the present, and shares the beliefs that have served him well. After fighting some of the fiercest bouts in boxing history against Joe Frazier and George Foreman, today Muhammad Ali faces his most powerful foe outside the boxing ring. Like many people, he battles an illness that limits his physical abilities, but as he says, "I have gained more than I have lost....I have never had a more powerful voice than I have now." Ali reflects on his faith in God and the strength it gave him during his greatest challenge, when he lost the prime years of his boxing career because he would not compromise his beliefs. He describes how his study of true Islam has helped him accept the changes in his life and has brought him to a greater awareness of life's true purpose. As a United Nations "Messenger of Peace," he has traveled widely, and he describes his 2002 mission to Afghanistan to heighten public awareness of that country's desperate situation, as well as his more recent meeting with the Dalai Lama. Ali's reflections on topics ranging from moral courage to belief in God to respect for those who differ from us will inspire and enlighten all who read them. Written with the assistance of his daughter Hana, *The Soul of a Butterfly* is a compassionate and heartfelt book that will provide comfort for our troubled times. Few lives have been more zealously recorded in movies, photography and literature than Ali's. So it's fortunate that this book is not so much a memoir as a collection of the supreme athlete's spiritual contemplations. Structured as a series of minichapters on abstract virtues—love, friendship, peace, wisdom, understanding, respect, etc.—it consists of Ali's religious reflections, buttressed by personal anecdotes, Sufi parables, aphorisms, personal letters and poetry. What might be seen as mawkish or cloying from someone less universally beloved has real poignancy coming from boxing's brash champion ("The Mouth" was one of his many nicknames), who is slowly being driven behind a wall of silence by Parkinson's. The book has the intensity of a deathbed confessional. Ali is settling his accounts, apologizing to Joe Frazier and Malcolm X for hurting them. But primarily he is giving advice to his many children, for whom he obviously feels an overwhelming love. (His daughter Hana addresses her love for her father directly in the book.) Besides Ali's love, readers will be struck by his remarkable faith. With the Black Muslims, he found not only an expression of his own pride in being black but also a personal relationship with Allah, which served as the wellspring for the remarkable courage he displayed both inside ("The Rumble in the Jungle") and outside (refusing the Vietnam draft) the ring. It's hard not to be moved by Ali's spirit. Photos. Copyright Reed Business Information, a division of Reed Elsevier Inc. All rights reserved. Muhammad Ali's memoir focuses largely on his spiritual evolution from his childhood to his years as a boxing star, through fatherhood and into his role as a Parkinson's disease advocate and peace activist. Ali shows a depth to his character that is not reflected well in the late Ossie Davis's reading, which is largely one-dimensional in its portrayal of Ali as egocentric and a bit slow. Ali's simple prose is sprinkled with his boxing poetry, some read by Davis and some read by Ali's daughter Hana. Hana's reading is a bit forced, with the exception of a heartfelt letter to her dad she reads at the book's conclusion. Ali has a lot of interesting things to say and a solid philosophy toward life, but his ideas are diluted by a lackluster reading. H.L.S. 2005 Audie Award Finalist AudioFile 2005, Portland, Maine--

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