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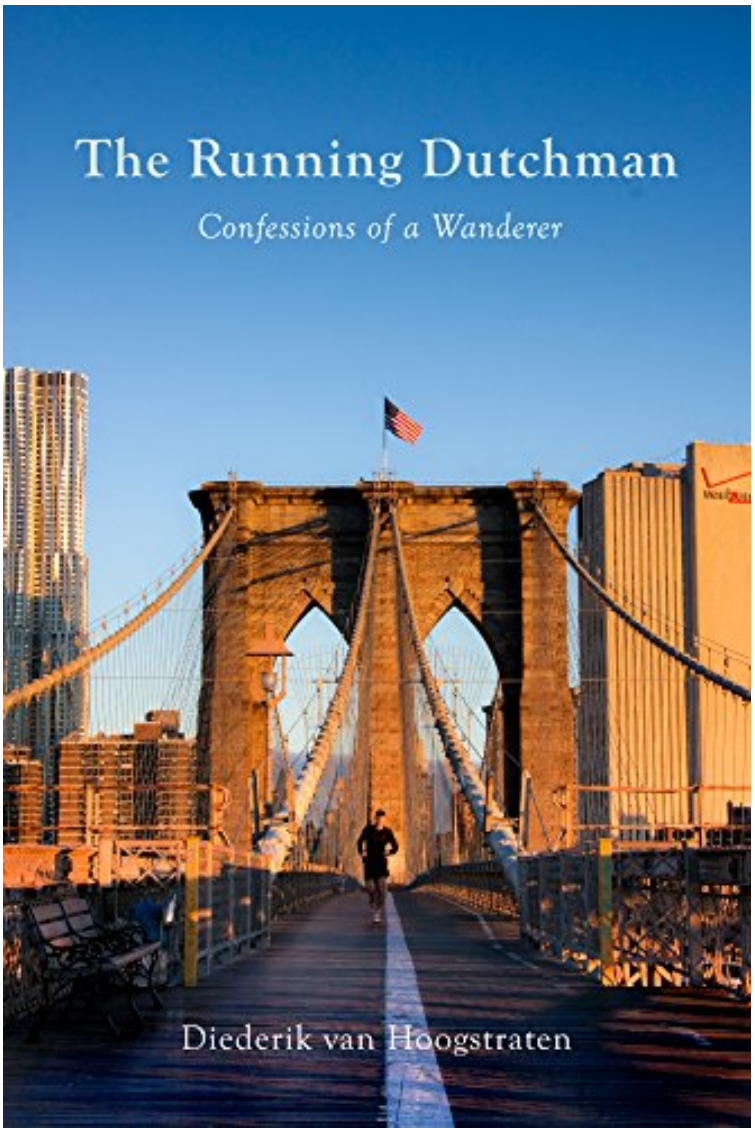

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Description :

Prsentation de l'diteurDiederik van Hoogstraten struggled with a pack-a-day habit. His expanding waistline and poor health depressed him. Then this Dutch writer living in New York returned to an old childhood love: running. He found a way to quit smoking, and as he hit the streets he made friends and found himself again. There's nothing miraculous about this turnaround of body and mind. It took work and commitment. But gradually, his life changed as he embraced the joy of movement -- and a three-hour marathon. The author travels all over the United States, lacing up wherever he finds himself. In the process he has written a compelling ode to both running and the country he loves.Prsentation de l'diteurDiederik van Hoogstraten

struggled with a pack-a-day habit. His expanding waistline and poor health depressed him. Then this Dutch writer living in New York returned to an old childhood love: running. He found a way to quit smoking, and as he hit the streets he made friends and found himself again. There's nothing miraculous about this turnaround of body and mind. It took work and commitment. But gradually, his life changed as he embraced the joy of movement -- and a three-hour marathon. The author travels all over the United States, lacing up wherever he finds himself. In the process he has written a compelling ode to both running and the country he loves.Biographie de l'auteurDiederik van Hoogstraten, a Dutch journalist, fell in love with New York, then moved on to California to settle in Los Angeles. He writes and runs where ever he goes. He is The Running Dutchman. His next book (scheduled to appear in 2015) will be about an American-Dutch World War II survivor. In the meantime he has translated The Cynja, an illustrated children's book about cyber security. As a freelance journalist Diederik also writes for NRC Handelsblad and Elsevier Magazine, both in Amsterdam, and the Belgian Standaard. He was born and raised in the Netherlands, and received his Master's degree from Columbia University's Journalism School in New York.